

Jenny L. Vaydich, Ph.D.

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EDUCATION

- 2004 – 2011 Ph.D. University of Notre Dame
Clinical Psychology (APA accredited in Clinical Psychology)
- 2004 - 2008 M.A. University of Notre Dame
Counseling Psychology
- 2000 – 2004 B.A. St. Olaf College
Psychology; American Pursuits in a Postmodern Society

ACADEMIC POSITIONS

- 2015-Present Assistant Professor, Department of Psychology
Seattle Pacific University, Seattle, WA
- Courses Taught:
PSY 3360 Psychological Disorders
PSY 3460 Child Developmental Psychology
PSY 4420 Adolescent Developmental Psychology
PSY 4106/7 Advanced Research Methods: Developmental/Clinical
PSY 4470 Counseling Theory and Practice
PSY 4910 Topical Seminar
PSY 4940 Internship in Psychology¹
- 2013-2015 Research Fellow, Parenting Research Group
The University of Auckland, Auckland, New Zealand
- Team Taught Courses:
EDUC 115 Introduction to Child and Adolescent Development
EDUC 221 Child Development
EDUC 352 Adolescence
EDUC 742 Developmental Psychology
- 2011 – 2013 Assistant Professor, Department of Psychology
Rhodes College, Memphis, TN
- Courses Taught:
PSY 150 Foundational Issues in Psychology
PSY 224 Psychological Disorders

¹ I taught this course for the first time during the summer of 2020, and student course feedback is unavailable due to the small class size.

PSY 311 Counseling Psychology
PSY 485 Emotion Socialization: An Exploration of the Influence of Parent-Child Relationships and Affective Interactions

PEER REVIEWED PUBLICATIONS

- Lee, B., & Vaydich, J. L.² (in press). A qualitative study of coping strategies among Korean immigrants in New Zealand. *New Zealand Journal of Psychology*.
- Vaydich, J. L., Carpenter, T. P., Schwark, J. K. *, & Molina, L. * (in press). Disordered eating: The effects of parental attachment and the mediating role of emotion dysregulation. *Journal of American College Health*.
- Vaydich, J. L., & Keown, L. J. (2018). Parenting intervention needs and perceived barriers among Korean immigrant parents in New Zealand. *Journal of Comparative Family Studies*, 49, 295-311. <https://doi.org/10.3138/jcfs.49.3.295>
- Narvaez, D., & Vaydich, J. L. (2011). Fear, love and moral functioning. In P. Aerni, & K. J. Grün (Eds.), *Morality and Fear*. Göttingen: Germany: Vandenhoeck & Ruprecht.
- Narvaez, D., Holter, A., Vaydich, J. L. (2010). Moral development. In A. S. Davis (Ed.), *Handbook of Pediatric Neuropsychology* (pp. 79-87). New York: Springer Publishing Co.
- Narvaez, D., Khmelkov, V., Vaydich, J., & Turner, J. (2009). Measuring teacher moral self-efficacy. *Journal of Research in Character Education*, 6, 3-16.
- Narvaez, D., & Vaydich, J. L. (2008). Moral development and behavior under the spotlight of the neurobiological sciences. *Journal of Moral Education*, 37, 289-312. <https://doi.org/10.1080/03057240802227478>

INVITED PUBLICATIONS

- Cooper, E., Keown, L., Sanders, M. R., Shepherd, M. & Vaydich, J. (2015). Te Whanau Pou Toru: Maori cultural adaptation project of Triple P discussion groups. Report to the Ministry of Health. Auckland, New Zealand: Parenting Research Group, Faculty of Education and Social Work, The University of Auckland.
- Vaydich, J. L. (2015). Just babies: The origins of good and evil. *Journal of Moral Education*. 44(1), 114-116. <https://doi.org/10.1080/03057240.2014.923134>
- Vaydich, J. L., & Narvaez, D. (2009). Child honoring: How to turn this world around. *Journal of Moral Education*, 38, 377-380. <https://doi.org/10.1080/03057240903101671>

PEER REVIEWED PUBLICATIONS UNDER REVISION OR REVIEW

- Vaydich, J. L., & Narvaez, D. (under review). Parental attachment: The influence of perceptions of alienation on emotional functioning in emerging adulthood. *Current Psychology*.

MANUSCRIPTS IN PREPARATION

- Vaydich, J. L., Baldelomar, O., Bentley, J., & Rivera, P. (manuscript in preparation).

² Co-principal authorship.

* Notes Seattle Pacific University undergraduate student co-authors.

Exploring the ethics of psychological research practices and methodology across cultures.

Vaydich, J. L., Wee, J., * & Blodgett, A. * (manuscript in preparation). Parental depression mediates the relationship between parent-adolescent acculturative stress and parent-adolescent conflict among Korean immigrant parents.

Vaydich, J. L. (manuscript in preparation). Anger regulation mediates the relation between perceptions of parents and externalizing behaviors among college students.

Vaydich, J. L. (manuscript in preparation). The influence of parental relationships and emotion regulation on proactive and reactive aggression.

SELECTED PEER-REVIEWED CONFERENCE PRESENTATIONS

Schwark, J., * Beshay, S. M., * Hoang, H. V., * & Vaydich, J. L. (cancelled due to covid-19). *Does perspective matter? The influences of retrospective and current parental autonomy support on emotion regulation in emerging adults*. Poster accepted for the Biennial Conference of the Society for Research on Adolescence, San Diego, CA.

Beshay, S. M., * Hoang, H. V., * Schwark, J., * & Vaydich, J. L. (cancelled due to covid-19). *Dysfunctional individuation mediates the relationship between perceived parenting and coping among emerging adults*. Poster accepted for the Biennial Conference of the Society for Research on Adolescence, San Diego, CA.

Vaydich, J. L. (2018, September). *Exploring the mediating role of parental conflict and criticism on depressive symptoms among Korean immigrant adolescents*. Poster presented at the 16th Biennial Conference of the European Association for Research on Adolescence, Ghent, Belgium.

Hong, C., * Richardson, R., * & Vaydich, J. L. (2018, April). *Examining the relationships among parent-adolescent communication, rumination, and depression in late adolescence*. Poster presented at the Biennial Conference of the Society for Research on Adolescence, Minneapolis, MN.

Vaydich, J. L., & DesLongchamp, J. * (2018, April). *Exploring the relationship between parental attachment and emotional functioning during late adolescence*. Poster presented at the Biennial Conference of the Society for Research on Adolescence, Minneapolis, MN.

Hong, C., * & Vaydich, J. L. (2017, May). *Rumination as a mediator between parent adolescent communication and anxiety in late adolescence*. Poster presented at the 29th Annual Conference of the Association for Psychological Science, Boston, Massachusetts.

Vaydich, J. L. (2017, May). *The influence of parental attachment and communication on emotional functioning and disordered eating during late adolescence*. Poster presented at the 29th Annual Conference of the Association for Psychological Science, Boston, Massachusetts.

Vaydich, J. L., & Keown, L. J. (2016, April). *The influence of parental conflict and criticism on adolescent depressive symptoms among Korean immigrant youth*. Poster presented at the Biennial Conference of the Society for Research on Adolescence, Baltimore, Maryland.

Vaydich, J. L. & Keown, L. J. (2016, February). *Understanding the parenting needs and*

- program preferences of Korean immigrant parents in New Zealand.* Poster presented at the Annual Helping Families Change Conference, Banff, Canada.
- Vaydich, J. L. (2014, November). *Ethical considerations and challenges in conducting multiculturally sensitive research with minority and immigrant families.* Paper presented at the Annual Conference for the Association for Moral Education, Pasadena, California.
- Vaydich, J. L. (2013, October). *Exploring the influence of parent-adolescent communication and emotional reactivity on aggressive behavior among late adolescents.* Paper presented at the Annual Conference for the Association for Moral Education, Montreal, Canada.
- Vaydich, J. L., & Narvaez, D. (2013, March). *Perceptions of alienation in parent-child relationships and emotional experiences during late adolescence.* Poster presented at the Annual Conference for the Society for Research in Child Development, Seattle, Washington.
- Vaydich, J. L. & Narvaez, D. (2012, November). *The influence of parent-child relationships on emotional functioning and aggressive behavior in early adulthood.* Paper presented at the Annual Conference for the Association for Moral Education, San Antonio, Texas.
- Vaydich, J. L., & Narvaez, D. (2011, October). *Parent-child relationships and the development of moral mindsets and aggressive behavior.* Paper presented at the Annual Conference for the Association for Moral Education, Nanjing, China.

INVITED PRESENTATIONS

- Vaydich, J. L., (2020, October). Parenting and mental health during a pandemic. Invited talk at St. Mark's Cathedral, Seattle, WA.
- Vaydich, J. L., (2019, April). Helping toddlers develop healthy emotional skills. Invited talk at Amara, Seattle, WA.
- Vaydich, J. L. (2019, January). Exploring the impact of divorce on children: Major factors and recommendations for minimizing negative effects. Invited talk at King County Collaborative Law, Seattle, WA.
- Vaydich, J. L. (2017, February). Emotion regulation: Why it matters and how parents can help. Invited talk at the Queen Anne Mothers of Preschoolers group, Seattle, WA.
- Vaydich, J. L. (2013, April). Understanding the development of sexual orientation. Invited talk at Cathedral of Praise Church, Memphis, TN.
- Vaydich, J. L. (2012, March). Alienation in parent-child relationships and emotional experiences in late adolescence. Invited talk at the University of Memphis, Memphis, TN.
- Vaydich, J. L. (2012, January). The development of sexual orientation. Invited talk at Idlewild Presbyterian Church, Memphis, TN.

PEER REVIEW EXPERIENCE

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| 2020-Present | Ad hoc Reviewer: <i>Society for Research on Adolescence</i> |
| 2012-Present | Ad hoc Reviewer: <i>Journal of Moral Education</i> |
| 2015 | Ad hoc reviewer: <i>Journal of Research in Character Education</i> |

SEATTLE PACIFIC UNIVERSITY SERVICE

2020-Present 2020	Faculty Council Committee Member American Psychological Association Commission of Ethnic Minority Recruitment, Retention and Training in Psychology Task Grant for Ethnic Minority Recruitment, Retention, & Training Amount Requested: \$9,480
2019-2020	Intercollegiate Athletics Committee Chair
2018-2020	Intercollegiate Athletics Committee Member
2017-Present	SPU Clinical Psychology Dissertation Committee Member <ul style="list-style-type: none"> • Michelle Kuhn • Jaclyn Aldrich
2016-Present	Psi Chi, The International Honor Society in Psychology Faculty Advisor
2017-2018	School of Psychology, Family, & Community Diversity Committee
2016-2019	National Alliance on Mental Illness Faculty Advisor
2016-2018	Ames Mentor

SERVICE & TRAINING IN DIVERSITY

2020	Academics for Black Survival & Wellness (attended 7 workshops)
2020	Facilitating Intercultural Learning in Globally Diverse Classes (attended 2-day training, University of Minnesota)
2020	The Social and Religious Context of Transgender (discussant for continuing education event, Seattle Pacific University)
2017-2018	School of Psychology, Family, & Community Diversity Committee
2018	Framing Diversity: From Language to Action (attended in-service, Seattle Pacific University)
2016	Universal Design for Learning (attended in-service, Seattle Pacific University)
2009-2010	Diversity Council Member, Division of Student Affairs , James Madison University
2009-2010	Liaison from the Counseling and Student Development Center to the Center for Multicultural Student Services Department , James Madison University
2009-2010	Multicultural Seminar Facilitator, Counseling and Student Development Center , James Madison University
2008	Guest Lecturer on Multicultural Issues in Teaching, Alliance for Catholic Education , University of Notre Dame.